

# **Kings Park Soccer Club (KPSC)**

## **Coaching Requirements Policy**

It is the goal and policy of the KPSC to maximize the development of the character and soccer capabilities of every player in the club. Toward that end it is the clubs policy to provide the best coaching environment possible for our players. This policy is designed to outline the minimum educational requirements that are necessary to coach our players.

### **Long Island Junior Soccer League Coaching Academy "A" Course**

The Long Island Junior "A" Course is designed for those coaches who will be coaching and training youth soccer players from U16 to U19. The course starts with a review of the "B" course and goes on to the philosophy of the modern game. Other topics are as follows: Group and team play, Counter Attacks, Midfield Principles, Defensive Principles, Fitness, Player Identification and Evaluation, Advanced Shooting, Goalkeeping, 4v2, Heading, 3v3, and Small Sided Games. Although this course is directed toward travel coaches we encourage those Intramural coaches who will be coaching and training the above age groups to also take this course. Successful participants will receive a LIJSL "A" License and an NSCAA Advanced Regional Diploma.

### **Long Island Junior Soccer League Coaching Academy "B" Course**

The Long Island Junior "B" Course is designed for those coaches who will be coaching and training youth soccer players from U13 to U16. The course starts with a review of the "C" course and goes on to cover the importance of a structured practice, stressing the Fundamental, Match Related and Match Condition phases of a practice. Other topics will include Methods of training, Combination play, Fitness training, Start of tactical training. Although this course is directed toward travel coaches we encourage those Intramural coaches have a "C" license and whom will be coaching and training the above age groups to also take this course. Successful participants will receive a LIJSL "B" License.

# **Kings Park Soccer Club (KPSC)**

## **Coaching Requirements Policy**

### **Long Island Junior Soccer League Coaching Academy "C" Course**

The Long Island Junior "C" Course is designed for those coaches who will be coaching and training youth soccer players from U10 to U13. The course covers the philosophy of coaching youth players, the laws of the game, games approach to teaching technique, care and prevention of injuries, coaching parents, teaching games, positional concepts (team shape), and positive vs. negative reinforcement. Although this course is directed toward travel coaches we encourage those Intramural coaches who will be coaching and training the above age groups to also take this course. Successful participants will receive a LIJSL "C" License.

### **Long Island Junior Soccer League Coaching Academy "D" Course**

The Long Island Junior "D" Course is a four-hour course designed for those who will be coaching youth soccer players from 4 to 10 years of age. We encourage those parents and coaches who are involved with soccer for the first time to take this course, in order to learn the proper methodology in teaching youth players who may be exposed to soccer for the first time

Please contact the Kings Park Soccer Club Education Coordinator at (631) 265-6390 or [education@kpsc.org](mailto:education@kpsc.org) for more information about these courses.

The KPSC minimum and recommended levels of certification for the different age group levels within the club are listed below in Sections I & II.

#### **Section I - Head Coaches:**

##### **Cubs Division**

###### **Recommended Course Level**

LIJSL 'D' Level Course or above.

##### **Bears Division**

###### **Minimum Required Course Level**

LIJSL 'D' Level Course equivalent or above.

###### **Recommended Course Level**

LIJSL 'D' Level Course equivalent or above.

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### **Bantams Division**

#### **Minimum Required Course Level**

LIJSL 'D' Level Course equivalent or above.

#### **Recommended Course Level**

LIJSL 'C' Level Course or above.

### **Inter League Division**

#### **Minimum Required Course Level**

LIJSL 'C' Level Course equivalent or above.

#### **Recommended Course Level**

LIJSL 'B' Level Course or above.

### **Pre-Travel Divisions U8 –U9**

#### **Minimum Required Course Level**

LIJSL 'D' Level Course equivalent or above.

#### **Recommended Course Level**

LIJSL 'C' Level Course or above.

### **Travel Divisions U10 -U12**

#### **Minimum Required Course Level**

LIJSL 'C' Level Course or above.

#### **Recommended Course Level**

LIJSL 'B' Level Course or above.

### **Travel Divisions U13 -U19**

#### **Minimum Required Course Level**

LIJSL 'B' Level Course or above.

#### **Recommended Course Level**

LIJSL 'A' Level Course or above.

## **Section II - Assistant Coaches:**

### **Cubs Division**

#### **Recommended Course Level**

LIJSL 'D' Level Course or above.

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## **Coaching Requirements Policy**

### **Bears Division**

#### **Recommended Course Level**

LIJSL 'D' Level Course equivalent or above.

### **Bantams Division**

#### **Minimum Required Course Level**

LIJSL 'D' Level Course equivalent or above.

#### **Recommended Course Level**

LIJSL 'C' Level Course or above.

### **Inter League Division**

#### **Minimum Required Course Level**

LIJSL 'D' Level Course equivalent or above

#### **Recommended Course Level**

LIJSL 'C' Level Course or above.

### **Pre-Travel Divisions U8 -U9**

#### **Minimum Required Course Level**

LIJSL 'D' Level Course or above.

#### **Recommended Course Level**

LIJSL 'C' Level Course or above.

### **Travel Divisions U10 -U12**

#### **Required Course Level**

LIJSL 'C' Level Course or above.

### **Travel Divisions U13 -U19**

#### **Minimum Required Course Level**

LIJSL 'C' Level Course or above.

#### **Recommended Course Level**

LIJSL 'B' Level Course or above.

The club will reimburse any active coach who successfully completes any of the above listed courses, provided they are given by a LIJSL certified instructor.

It is the responsibility of the KPSC Division coordinator to verify that the coaches in their division meet or exceed the minimum required standard.

## **Kings Park Soccer Club (KPSC)** **Coaching Requirements Policy**

The KPSC will put the above schedule into affect as of the Fall 2003 season.

Any current coach that does not meet the above schedule must be actively pursuing the required level of certification by the end of the Fall 2003 season.

Any deviation from this policy must be approved by the Board of Directors of the KPSC upon recommendation from the division coordinator.